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The School Lunch People




























Ashdale Catering - Allergen Information for COLD MENU (17.06.2021)































































Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Ashdale Catering - Snacks					
Ashdale Catering (Cheese portions) - Laughing Cow Mini Cheese Triangles (06/21) - 1 Serving		42Kcal	 MILK		
Ashdale Catering (Cheese portions) - Le Petit Moulé Soft Cheese (06/21) - 1 Serving		38Kcal	 MILK	 TREE NUTS	
Ashdale Catering (Cheese portions) - Vepo Cheddar Cheese (06/21) - 1 Serving		82Kcal	 MILK		
Ashdale Catering (Snacks) - Banana (06/21) - 1 Serving		64Kcal			 VEGETARIAN  VEGAN
Ashdale Catering (Snacks) - Breadsticks (06/21) - 1 Serving		49Kcal	 WHEAT	 SESAME  SOYA	
Ashdale Catering (Snacks) - Jacob's Cream Crackers (2) with Butter (06/21) - 1 Serving		109Kcal	 WHEAT  MILK	 TREE NUTS  EGGS  SESAME	
Ashdale Catering (Snacks) - Jacob's Cream Crackers, 2 pk (06/21) - 1 Serving		67 Kcal	 WHEAT	 TREE NUTS  EGGS  MILK  SESAME	
Ashdale Catering (Snacks) - Kelkin Gluten-Free Mini Chocolate Rice Cakes (06/21) - 1 Serving		70Kcal	 MILK  SOYA	 TREE NUTS  SESAME	 GLUTEN FREE
Ashdale Catering (Snacks) - Oat Cookie (06/21) - 1 Serving		73Kcal	 OATS, WHEAT  MILK	 TREE NUTS  EGGS  SESAME  SOYA	
Ashdale Catering (Snacks) - Plain Digestive Biscuits, 3pk (06/21) - 1 Serving		197Kcal	 WHEAT  MILK	 OATS, BARLEY  SOYA	
Ashdale Catering (Snacks) - Plain Mini Muffin (06/21) - 1 Serving		96Kcal	 WHEAT  EGGS  MILK  SOYA		
Ashdale Catering (Snacks) - Red Apple, sliced (06/21) - 1 Serving		27Kcal			 VEGETARIAN  VEGAN



































































Ashdale Catering (Snacks) - Red Apple, whole (06/21) - 1 Serving	87Kcal					 VEGETARIAN  VEGAN
Ashdale Catering (Snacks) - Yoplait Yogurt Frube (06/21) - 1 Serving	32Kcal	 MILK				
Ashdale Catering - list of breads & rolls						
Ashdale Catering (Breads) - Kelkin Gluten-Free White Bread, per slice - 1 Serving	72Kcal	 EGGS	 MILK	 SOYA	 SULPHITES	 GLUTEN FREE
Ashdale Catering (Breads) - Slimster Squares, each (06/21) - 1 Serving	98Kcal	 WHEAT	 SOYA	 SESAME		
Ashdale Catering (Breads) - White Sandwich Pan, per slice (06/21) - 1 Serving	89Kcal	 WHEAT	 SOYA	 SESAME		
Ashdale Catering (Breads) - White Tortilla Wrap, each (06/21) - 1 Serving	189Kcal	 OATS, WHEAT				
Ashdale Catering (Breads) - Wholemeal Sandwich Pan, per slice (06/21) - 1 Serving	83Kcal	 WHEAT	 SOYA	 SESAME		
Large Petit Pain / 75g Crusty Roll (06/21) - 1 Serving	195Kcal	 WHEAT		 HAZELNUTS, ALMONDS, WALNUTS	 EGGS	 MILK
				 SESAME	 SOYA	 SULPHITES
McCambridge Irish Stone-Ground Whole-wheat Bread, per slice (06/21) - 1 Serving	80Kcal	 WHEAT	 MILK			
Soft White Bread Roll (mini sub), each (06/21) - 1 Serving	136Kcal	 WHEAT	 SOYA	 SESAME		
Ashdale Catering - Sandwich Fillings						
Ashdale Catering (Sandwich fillings) - Cheddar Cheese Slice (06/21) - 1 Serving	82Kcal	 MILK				
Ashdale Catering (Sandwich fillings) - Chicken Breast (06/21) - 1 Serving	46Kcal					
Ashdale Catering (Sandwich fillings) - Chicken Tikka (06/21) - 1 Serving	51Kcal			 WHEAT	 TREE NUTS	 PEANUTS
				 CELERY	 MUSTARD	 MILK
				 SESAME	 SOYA	 SULPHITES
Ashdale Catering (Sandwich fillings) - Dairy Spread (06/21) - 1 Serving	17Kcal	 MILK				
Ashdale Catering (Sandwich fillings) - Egg Mayonnaise (06/21) - 1 Serving	104Kcal	 MUSTARD	 EGGS			
Ashdale Catering (Sandwich fillings) - Ham (06/21) - 1 Serving	26Kcal			 WHEAT	 SOYA	







































































Ashdale Catering (Sandwich fillings) - Mixed Fruit Jam, Seedless (06/21) - 1 Serving	43Kcal			
Ashdale Catering (Sandwich fillings) - Sage & Herb Stuffing (06/21) - 1 Serving	16Kcal	 WHEAT	 TREE NUTS	 PEANUTS
Ashdale Catering (Sandwich fillings) - Tuna & Mayo (06/21) - 1 Serving	84Kcal	 MUSTARD  FISH	 EGGS	
Ashdale Catering (Sandwich fillings) - Tuna (06/21) - 1 Serving	40Kcal	 FISH		
Ashdale Catering (Sandwich fillings) - Turkey Slice (06/21) - 1 Serving	27 Kcal	 MILK		
Ashdale Catering (Sauces) - Mayonnaise, 15ml portion (06/21) - 1 Serving	109Kcal	 MUSTARD	 EGGS	
Ashdale Catering (Sauces) - Tikka Mayonnaise, 15ml portion (06/21) - 1 Serving	76Kcal	 EGGS		
Ashdale Catering (Spreads) - Dairygold Butter Mini Pack 6.2g (06/21) - 1 Serving	42Kcal	 MILK		
Ashdale Catering (Spreads) - Dairymaid premium spread (06/21) - 1 Serving	17 Kcal	 MILK		


























Ashdale Catering - Sandwiches, Wraps, Baps, Squares & Rolls

Ashdale Catering (Sandwiches) - White with Ham & Butter (06/21) - 1 Serving	216Kcal	 WHEAT  SOYA	 MILK	 SESAME
Ashdale Catering (White & Wholemeal Squares) - Slimster with Cheddar Cheese & Butter (06/21) - 1 Serving	198Kcal	 WHEAT  SOYA	 MILK	 SESAME
Ashdale Catering (White & Wholemeal Squares) - Slimster with Cheddar Cheese, No butter (06/21) - 1 Serving	181 Kcal	 WHEAT  SOYA	 MILK	 SESAME
Ashdale Catering (White & Wholemeal Squares) - Slimster with Chicken Breast & Butter (06/21) - 1 Serving	161 Kcal	 WHEAT  SOYA	 MILK	 SESAME
Ashdale Catering (White & Wholemeal Squares) - Slimster with Chicken Breast, No butter (06/21) - 1 Serving	144Kcal	 WHEAT  SOYA		 SESAME
Ashdale Catering (White & Wholemeal Squares) - Slimster with Chicken Stuffing Mayo No butter (06/21) - 1 Serving	249Kcal	 WHEAT  EGGS  SOYA	 MUSTARD  MILK	 TREE NUTS  PEANUTS  SESAME














































Ashdale Catering (White & Wholemeal Squares) - Slimster with Chicken Tikka & Butter (06/21) - 1 Serving	166Kcal	 WHEAT  MILK  SOYA	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME  SULPHITES	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Chicken Tikka, No butter (06/21) - 1 Serving	149Kcal	 WHEAT  SOYA	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME  SULPHITES	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Chicken, Stuffing, Mayo, Butter (06/21) - 1 Serving	249Kcal	 WHEAT  MUSTARD  EGGS  MILK  SOYA	 TREE NUTS  PEANUTS  SESAME	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Ham & Butter (06/21) - 1 Serving	136Kcal	 WHEAT  MILK  SOYA	 SESAME	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Ham & Cheese, No butter (06/21) - 1 Serving	201Kcal	 WHEAT  MILK  SOYA	 SESAME	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Ham, Cheese & Butter (06/21) - 1 Serving	218Kcal	 WHEAT  MILK  SOYA	 SESAME	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Ham, No butter (06/21) - 1 Serving	119Kcal	 WHEAT  SOYA	 SESAME	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Turkey Slice & Butter (06/21) - 1 Serving	169Kcal	 WHEAT  MILK  SOYA	 SESAME	
Ashdale Catering (White & Wholemeal Squares) - Slimster with Turkey Slice, No butter (06/21) - 1 Serving	152Kcal	 WHEAT  SOYA	 SESAME	
Ashdale Catering - Crusty Roll with Butter, no filling (06/21) - 100g	Kcal	 WHEAT  MILK	 HAZELNUTS, ALMONDS, WALNUTS  EGGS  SESAME  SOYA  SULPHITES	
Ashdale Catering - Crusty Roll with Chicken Breast & Butter (06/21) - 100g	Kcal	 WHEAT  MILK	 HAZELNUTS, ALMONDS, WALNUTS  EGGS  SESAME  SOYA  SULPHITES	












































Ashdale Catering - Crusty Roll with Chicken Breast, No butter (06/21) - 1 Serving	241Kcal	 WHEAT	 HAZELNUTS, ALMONDS, WALNUTS	 EGGS	 MILK	 SESAME	 SOYA	 SULPHITES		
Ashdale Catering - Crusty Roll with Chicken Tikka (06/21) - 1 Serving	246Kcal	 WHEAT	 HAZELNUTS, ALMONDS, WALNUTS	 MUSTARD	 EGGS	 MILK	 SESAME	 SOYA	 SULPHITES	
Ashdale Catering - Crusty Roll with Chicken, Stuffing & Mayo (06/21) - 1 Serving	329Kcal	 WHEAT	 MUSTARD	 EGGS	 HAZELNUTS, ALMONDS, WALNUTS	 PEANUTS	 MILK	 SESAME	 SOYA	 SULPHITES
Ashdale Catering - Crusty Roll with Ham & Butter (06/21) - 1 Serving	238Kcal	 WHEAT	 MILK	 HAZELNUTS, ALMONDS, WALNUTS	 EGGS	 SESAME	 SOYA	 SULPHITES		
Ashdale Catering - Crusty Roll with Ham, Cheddar Cheese & Butter (06/21) - 1 Serving	315Kcal	 WHEAT	 MILK	 HAZELNUTS, ALMONDS, WALNUTS	 EGGS	 SESAME	 SOYA	 SULPHITES		
Ashdale Catering - Crusty Roll with Ham, Cheddar Cheese, No butter (06/21) - 1 Serving	298Kcal	 WHEAT	 MILK	 HAZELNUTS, ALMONDS, WALNUTS	 EGGS	 SESAME	 SOYA	 SULPHITES		
Ashdale Catering - Crusty Roll with Ham, No butter (06/21) - 1 Serving	221Kcal	 WHEAT	 HAZELNUTS, ALMONDS, WALNUTS	 EGGS	 MILK	 SESAME	 SOYA	 SULPHITES		
Ashdale Catering - Farmhouse Brown with Cheddar Cheese & Butter (06/21) - 1 Serving	260Kcal	 WHEAT	 MILK							
Ashdale Catering - Farmhouse Brown with Cheddar Cheese, No butter (06/21) - 1 Serving	243Kcal	 WHEAT	 MILK							
Ashdale Catering - Farmhouse Brown with Chicken Breast & Butter (06/21) - 1 Serving	224Kcal	 WHEAT	 MILK							
Ashdale Catering - Farmhouse Brown with Chicken Breast, No butter (06/21) - 1 Serving	206Kcal	 WHEAT	 MILK							
Ashdale Catering - Farmhouse Brown with Ham & Butter (06/21) - 1 Serving	199Kcal	 WHEAT	 MILK	 SOYA						
Ashdale Catering - Farmhouse Brown with Ham, No butter (06/21) - 1 Serving	181Kcal	 WHEAT	 MILK	 SOYA						

Ashdale Catering - Farmhouse Brown with Turkey Slice & Butter (06/21) - 1 Serving	218Kcal	 WHEAT	 MILK			
Ashdale Catering - Farmhouse Brown with Turkey Slice, No butter (06/21) - 1 Serving	201Kcal	 WHEAT	 MILK			
Ashdale Catering - Gluten-free Bread with Cheddar Cheese & Butter (06/21) - 1 Serving	243Kcal	 EGGS	 MILK	 SOYA	 SULPHITES	 GLUTEN FREE
Ashdale Catering - Gluten-free Bread with Cheddar Cheese, No butter (06/21) - 1 Serving	226Kcal	 EGGS	 MILK	 SOYA	 SULPHITES	 GLUTEN FREE
Ashdale Catering - Gluten-free Bread with Chicken Breast & Butter (06/21) - 1 Serving	207Kcal	 EGGS	 MILK	 SOYA	 SULPHITES	 GLUTEN FREE
Ashdale Catering - Gluten-free Bread with Chicken Breast, No butter (06/21) - 1 Serving	190Kcal	 EGGS		 MILK	 SOYA	 SULPHITES
Ashdale Catering - Gluten-free Bread with Ham & Butter (06/21) - 1 Serving	182Kcal	 EGGS	 MILK	 WHEAT	 SOYA	 SULPHITES
Ashdale Catering - Gluten-free Bread with Ham, No butter (06/21) - 1 Serving	164Kcal	 EGGS		 WHEAT	 MILK	 SOYA
Ashdale Catering - Gluten-free Bread with Turkey Slice & Butter (06/21) - 1 Serving	201Kcal	 EGGS	 MILK	 SOYA	 SULPHITES	 GLUTEN FREE
Ashdale Catering - Gluten-free Bread with Turkey Slice, No butter (06/21) - 1 Serving	184Kcal	 EGGS	 MILK	 SOYA	 SULPHITES	 GLUTEN FREE
Ashdale Catering - Soft White Roll with Butter, no filling (06/21) - 1 Serving	153Kcal	 WHEAT	 MILK	 SOYA	 SESAME	
Ashdale Catering - Soft White Roll with Cheese & Butter (06/21) - 1 Serving	235Kcal	 WHEAT	 MILK	 SOYA	 SESAME	
Ashdale Catering - Soft White Roll with Cheese, No Butter (06/21) - 1 Serving	218Kcal	 WHEAT	 MILK	 SOYA	 SESAME	
Ashdale Catering - Soft White Roll with Chicken Breast & Butter (06/21) - 1 Serving	199Kcal	 WHEAT	 MILK	 SOYA	 SESAME	
Ashdale Catering - Soft White Roll with Chicken Breast, No butter (06/21) - 1 Serving	182Kcal	 WHEAT		 SOYA	 SESAME	
Ashdale Catering - Soft White Roll with Chicken Tikka (06/21) - 1 Serving	187Kcal	 WHEAT	 SOYA	 TREE NUTS	 PEANUTS	 CELERY
				 MUSTARD	 MILK	 SESAME
				 SULPHITES		

Ashdale Catering - Soft White Roll with Chicken, Stuffing & Mayo (06/21) - 1 Serving	269Kcal	 WHEAT  MUSTARD  EGGS  SOYA	 TREE NUTS  PEANUTS  SESAME
Ashdale Catering - Soft White Roll with Egg Mayo & Butter (06/21) - 1 Serving	257Kcal	 WHEAT  MUSTARD  EGGS  MILK  SOYA	 SESAME
Ashdale Catering - Soft White Roll with Egg Mayo, No butter (06/21) - 1 Serving	240Kcal	 WHEAT  MUSTARD  EGGS  SOYA	 SESAME
Ashdale Catering - Soft White Roll with Ham, No butter (06/21) - 1 Serving	146Kcal	 WHEAT  SOYA	 SESAME
Ashdale Catering - Soft White Roll with Jam & Butter (06/21) - 1 Serving	196Kcal	 WHEAT  SOYA  MILK	 SESAME
Ashdale Catering - Soft White Roll with Jam, No butter (06/21) - 1 Serving	179Kcal	 WHEAT  SOYA	 SESAME
Ashdale Catering - Soft White Roll with Tuna Mayo & Butter (06/21) - 1 Serving	237Kcal	 WHEAT  MUSTARD  EGGS  MILK  FISH  SOYA	 SESAME
Ashdale Catering - Soft White Roll with Tuna Mayo, No butter (06/21) - 1 Serving	237Kcal	 WHEAT  MUSTARD  EGGS  MILK  FISH  SOYA	 SESAME
Ashdale Catering - Soft White Roll with Turkey Slice & Butter (06/21) - 1 Serving	180Kcal	 WHEAT  SOYA  MILK	 SESAME
Ashdale Catering - Soft White Roll with Turkey Slice, No butter (06/21) - 1 Serving	163Kcal	 WHEAT  SOYA  MILK	 SESAME
Ashdale Catering - Soft White Roll, No butter or filling (06/21) - 1 Serving	136Kcal	 WHEAT  SOYA	 SESAME
Ashdale Catering - White Bread (2 slices), No butter or filling (06/21) - 1 Serving	167Kcal	 WHEAT  SOYA	 SESAME

Ashdale Catering - White Sandwich with Butter, No filling (06/21) - 1 Serving	195Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Cheddar Cheese & Butter (06/21) - 1 Serving	277Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Cheddar Cheese, No butter (06/21) - 1 Serving	260Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Chicken Breast & Butter (06/21) - 1 Serving	241Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Chicken Breast, No butter (06/21) - 1 Serving	224Kcal	 WHEAT  SOYA  SESAME
Ashdale Catering - White Sandwich with Egg Mayo & Butter (06/21) - 1 Serving	299Kcal	 WHEAT  EGGS  SOYA  MUSTARD  MILK  SESAME
Ashdale Catering - White Sandwich with Egg Mayo, No butter (06/21) - 1 Serving	282Kcal	 WHEAT  EGGS  MUSTARD  SOYA  SESAME
Ashdale Catering - White Sandwich with Ham & Butter (06/21) - 1 Serving	216Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Ham, No butter (06/21) - 1 Serving	216Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Jam & Butter (06/21) - 1 Serving	238Kcal	 WHEAT  SOYA  MILK  SESAME
Ashdale Catering - White Sandwich with Jam, No butter (06/21) - 1 Serving	221Kcal	 WHEAT  SOYA  SESAME
Ashdale Catering - White Sandwich with Tuna Mayo & Butter (06/21) - 1 Serving	279Kcal	 WHEAT  EGGS  FISH  MUSTARD  MILK  SOYA  SESAME

Ashdale Catering - White Sandwich with Tuna Mayo, No butter (06/21) - 1 Serving	262Kcal	 WHEAT  MUSTARD  EGGS  FISH  SOYA	 SESAME	
Ashdale Catering - White Sandwich with Turkey Slice & Butter (06/21) - 1 Serving	222Kcal	 WHEAT  SOYA  MILK	 SESAME	
Ashdale Catering - White Sandwich with Turkey Slice, No butter (06/21) - 1 Serving	205Kcal	 WHEAT  SOYA  MILK	 SESAME	
Ashdale Catering - White Wrap with Cheddar Cheese & Butter (06/21) - 1 Serving	288Kcal	 OATS, WHEAT  MILK		
Ashdale Catering - White Wrap with Cheddar Cheese, No butter (06/21) - 1 Serving	271Kcal	 OATS, WHEAT  MILK		
Ashdale Catering - White Wrap with Chicken Breast & Butter (06/21) - 1 Serving	251Kcal	 OATS, WHEAT  MILK		
Ashdale Catering - White Wrap with Chicken Breast, No butter (06/21) - 1 Serving	234Kcal	 OATS, WHEAT		
Ashdale Catering - White Wrap with Ham & Butter (06/21) - 1 Serving	226Kcal	 OATS, WHEAT  MILK  SOYA		
Ashdale Catering - White Wrap with Ham, No butter (06/21) - 1 Serving	209Kcal	 OATS, WHEAT  SOYA		
Ashdale Catering - White Wrap with Turkey Slice & Butter (06/21) - 1 Serving	246Kcal	 OATS, WHEAT  MILK		
Ashdale Catering - White Wrap with Turkey Slice, No butter (06/21) - 1 Serving	229Kcal	 OATS, WHEAT  MILK		
Ashdale Catering - Wholemeal Bread (2 slices), No butter or filling (06/21) - 1 Serving	167Kcal	 WHEAT  SOYA  SESAME		
Ashdale Catering - Wholemeal Sandwich with Butter, No filling (06/21) - 1 Serving	184Kcal	 WHEAT  SOYA  MILK  SESAME		
Ashdale Catering - Wholemeal Sandwich with Cheddar Cheese & Butter (06/21) - 1 Serving	266Kcal	 WHEAT  SOYA  MILK  SESAME		
Ashdale Catering - Wholemeal Sandwich with Cheddar Cheese, No butter (06/21) - 1 Serving	249Kcal	 WHEAT  SOYA  MILK  SESAME		

Ashdale Catering - Wholemeal Sandwich with Chicken Breast & Butter (06/21) - 1 Serving	230Kcal	 WHEAT  MILK  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Chicken Breast, No butter (06/21) - 1 Serving	213Kcal	 WHEAT  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Egg Mayo & Butter (06/21) - 1 Serving	288Kcal	 WHEAT  MUSTARD  EGGS  MILK  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Egg Mayo, No butter (06/21) - 1 Serving	288Kcal	 WHEAT  MUSTARD  EGGS  MILK  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Ham & Butter (06/21) - 1 Serving	205Kcal	 WHEAT  SOYA  MILK	 SESAME
Ashdale Catering - Wholemeal Sandwich with Ham, No butter (06/21) - 1 Serving	187Kcal	 WHEAT  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Jam & Butter (06/21) - 1 Serving	227Kcal	 WHEAT  SOYA  MILK	 SESAME
Ashdale Catering - Wholemeal Sandwich with Jam, No butter (06/21) - 1 Serving	210Kcal	 WHEAT  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Tuna Mayo & Butter (06/21) - 1 Serving	268Kcal	 WHEAT  MUSTARD  EGGS  MILK  FISH  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Tuna Mayo, No butter (06/21) - 1 Serving	251Kcal	 WHEAT  MUSTARD  EGGS  FISH  SOYA	 SESAME
Ashdale Catering - Wholemeal Sandwich with Turkey Slice & Butter (06/21) - 1 Serving	211Kcal	 WHEAT  SOYA  MILK	 SESAME

Ashdale Catering - Wholemeal Sandwich with Turkey Slice, No butter (06/21) - 1 Serving		194Kcal	 WHEAT  SOYA	 MILK  SESAME		
Ashdale Catering: Certified Gluten-free Products						
Ashdale Catering (Breads) - Kelkin Gluten-Free White Bread, per slice - 1 Serving		72Kcal	 EGGS	 MILK  SOYA  SULPHITES	 GLUTEN FREE	
Ashdale Catering (Prep) - Knorr Gluten-free Roast Gravy, Batch (06/21) - 100g		Kcal	 WHEAT  SOYA	 MILK		 GLUTEN FREE
Ashdale Catering (Snacks) - Kelkin Gluten-Free Mini Chocolate Rice Cakes (06/21) - 1 Serving		70Kcal	 MILK  SOYA	 TREE NUTS  SESAME		 GLUTEN FREE