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| Item  | Price | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|---|-------|----------------------|--|--|---|
| Ashdale Catering (Prep) - Bolognese, Batch (06/21) - 1 Serving                |       | 126Kcal              | <br>CELERY  |  |   |
| Ashdale Catering (Prep) - Chicken Pesto Pasta, Batch (06/21) - 1 Serving      |       | 403Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MILK      | <br>EGGS  |   |
| Ashdale Catering (Prep) - Chicken Tikka, Batch (06/21) - Expected serving     |       | 51Kcal               |  | <br>WHEAT<br><br>TREE NUTS<br><br>PEANUTS<br><br>CELERY<br><br>MUSTARD<br><br>MILK<br><br>SESAME<br><br>SULPHITES<br><br>SOYA                  |   |
| Ashdale Catering (Prep) - Chicken Tikka, Batch (06/21) - 1 weighed portion    |       | 60Kcal               |  | <br>WHEAT<br><br>TREE NUTS<br><br>PEANUTS<br><br>CELERY<br><br>MUSTARD<br><br>MILK<br><br>SESAME<br><br>SULPHITES<br><br>SOYA |   |
| Ashdale Catering (Prep) - Chicken, Tomato & Pasta, Batch (06/21) - 1 Serving  |       | 328Kcal              | <br>WHEAT<br><br>CELERY  | <br>EGGS  |   |
| Ashdale Catering (Prep) - Curry Sauce, Batch (06/21) - 1 serving              |       | 45Kcal               | <br>WHEAT<br><br>CELERY<br><br>EGGS | <br>TREE NUTS<br><br>PEANUTS<br><br>MUSTARD<br><br>MILK<br><br>SESAME<br><br>SOYA<br><br>SULPHITES  |   |
| Ashdale Catering (Prep) - Garlic & Fresh Ginger Purée, Batch (06/21) - 100g   |       | Kcal                 |  |  | <br>VEGETARIAN<br><br>VEGAN |
| Ashdale Catering (Prep) - Knorr Gluten-free Roast Gravy, Batch (06/21) - 100g |       | Kcal                 | <br>WHEAT<br><br>MILK<br><br>SOYA   |  | <br>GLUTEN FREE  |

|  |         |   |   |   |
|--|---------|---|---|---|
| Ashdale Catering (Prep) - Korma Sauce, Batch (06/21) - 1 serving                         | 56Kcal  | <br>WHEAT<br><br>MILK  | <br>TREE NUTS<br><br>SESAME<br><br>PEANUTS<br><br>SOYA<br><br>CELERY<br><br>SULPHITES<br><br>MUSTARD |   |
| Ashdale Catering (Prep) - Pesto Pasta, Batch (06/21) - 1 Serving                         | 409Kcal | <br>WHEAT<br><br>CASHEWS<br><br>MILK | <br>EGGS  |   |
| Ashdale Catering (Prep) - Plain White Penne Pasta, Boiled, Batch (06/21) - 1 Serving     | 203Kcal | <br>WHEAT  | <br>EGGS  | <br>VEGETARIAN   |
| Ashdale Catering (Prep) - Potatoes, Mashed, Batch (06/21) - Ashdale portion in mince     | 133Kcal | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN     |
| Ashdale Catering (Prep) - Potatoes, Mashed, Batch (06/21) - Ashdale school lunch portion | 198Kcal | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN     |
| Ashdale Catering (Prep) - Tomato Pasta, Batch (06/21) - 1 Serving                        | 146Kcal | <br>WHEAT<br><br>CELERY  | <br>EGGS  |   |
| Ashdale Catering (Prep) - Veg Mix for Veg Curry (06/21) - 1 Serving                      | 16Kcal  | <br>SULPHITES  | <br>CELERY  |   |
| Ashdale Catering (Prep) - White Jasmine Rice, Steamed, Batch (06/21) - Ashdale portion   | 452Kcal |   | <br>TREE NUTS   | <br>VEGETARIAN<br><br>VEGAN |