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The School Lunch People

Ashdale Catering - Allergen Information for Bulk recipes (28.08.2023)

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Ashdale Catering (Bulk Recipe) - Cocktail Sausages, deep fried in oil, each (08/23) 9089863 - 1 Cocktail Sausage, cooked		61Kcal	 WHEAT  SULPHITES		
Ashdale Catering (Bulk Recipe) - Lucky Boat No.2 Fine Wheat Noodles (egg-free), Cooked Batch (08/23) - 100g		0Kcal	 WHEAT		
Ashdale Catering (Bulk Recipe) - Pilau Rice, Batch (08/23) 9091903 - 1 Serving		322Kcal			
Ashdale Catering (Prep) - Beef Bolognese, Batch (new recipe 06/23) - 1 Serving		93Kcal	 SULPHITES		
Ashdale Catering (Prep) - Chicken Curry, Bulk Recipe (06/23) - 1 Serving		184Kcal	 WHEAT	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Ashdale Catering (Prep) - Chicken Korma, Batch (updated 06/23) - 1 serving		206Kcal	 WHEAT  MILK	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Ashdale Catering (Prep) - Chicken Pesto Pasta, Batch (06/23) - 1 Serving		403Kcal	 WHEAT  CASHEWS  MILK	 PEANUTS  EGGS	
Ashdale Catering (Prep) - Chicken Tikka, Batch (06/23) - Expected serving		52Kcal		 WHEAT  MILK  SESAME  TREE NUTS  CELERY  SOYA  PEANUTS  MUSTARD  SULPHITES	

<p>Ashdale Catering (Prep) - Chicken Tikka, Batch (06/23) - 1 weighed portion</p>	<p>60Kcal</p>	 WHEAT  MILK  SESAME	 TREE NUTS  CELERY  SOYA	 PEANUTS  MUSTARD  SULPHITES	
<p>Ashdale Catering (Prep) - Chicken, Tomato & Pasta, Batch (06/23) - 1 Serving</p>	<p>324Kcal</p>	 WHEAT  SULPHITES	 EGGS		
<p>Ashdale Catering (Prep) - Curry Sauce, Batch (updated 06/23) - 1 serving</p>	<p>127Kcal</p>	 WHEAT	 TREE NUTS  CELERY  SOYA	 PEANUTS  MUSTARD  SULPHITES  MILK  SESAME	
<p>Ashdale Catering (Prep) - Garlic & Fresh Ginger Purée, Batch (08/23) - 100g</p>	<p>0Kcal</p>			 VEGETARIAN  VEGAN	
<p>Ashdale Catering (Prep) - Knorr Gluten-free Roast Gravy, Batch (06/23) - 100g</p>	<p>0Kcal</p>	 WHEAT  MILK  SOYA		 VEGETARIAN  GLUTEN FREE	
<p>Ashdale Catering (Prep) - Minced Beef & Veg Stew, Batch (new recipe 06/23) - 1 Serving</p>	<p>117Kcal</p>	 WHEAT  MILK  SOYA	 TREE NUTS  MUSTARD	 PEANUTS  SESAME  CELERY  SULPHITES	
<p>Ashdale Catering (Prep) - Pesto Pasta, Batch (06/23) - 1 Serving</p>	<p>409Kcal</p>	 WHEAT  CASHEWS  MILK	 PEANUTS  EGGS	 VEGETARIAN	
<p>Ashdale Catering (Prep) - Plain White Penne Pasta, Boiled, Batch (06/23) - 1 Serving</p>	<p>203Kcal</p>	 WHEAT	 EGGS	 VEGETARIAN  VEGAN	

Ashdale Catering (Prep) - Potatoes, Mashed, Batch (06/23) - Ashdale portion in mince	133Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Ashdale Catering (Prep) - Potatoes, Mashed, Batch (06/23) - Ashdale school lunch portion	198Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Ashdale Catering (Prep) - Tomato Pasta, Batch (06/23) - 1 Serving	140Kcal	 WHEAT  SULPHITES	 EGGS	 VEGETARIAN  VEGAN
Ashdale Catering (Prep) - Veg Mix for Veg Curry (06/23) - 1 Serving	16Kcal	 SULPHITES	 CELERY	 VEGETARIAN  VEGAN
Ashdale Catering (Prep) - White Jasmine Rice, Steamed, Batch (06/23) - Ashdale portion	441Kcal			 VEGETARIAN  VEGAN