



## Ashdale (Pasta Dishes) - Tomato & Vegetable Pasta (06/24)

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OVERVIEW ...

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WEIGHT:

- 13.4% Carbs
- 2.4% Protein
- 1.7% Fat
- 82% Water

FOOD LABELLING...

### EU Label values per 100g

Serves **1**

|                    | PER 100G       | %RI | PER 350G SERVING | %RI |
|--------------------|----------------|-----|------------------|-----|
| Energy(KJ)         | <b>336</b> kJ  | 4%  | <b>903</b> kJ    | 11% |
| Energy(kcal)       | <b>80</b> kcal | 4%  | <b>214</b> kcal  | 11% |
| Fat                | <b>1.7</b> g   | 2%  | <b>4.5</b> g     | 6%  |
| of which saturates | <b>0.2</b> g   | 1%  | <b>0.5</b> g     | 3%  |
| Carbohydrate       | <b>13</b> g    | 5%  | <b>36</b> g      | 14% |
| of which sugars    | <b>1.9</b> g   | 2%  | <b>5.2</b> g     | 6%  |
| Fibre              | <b>1.2</b> g   | 5%  | <b>3.3</b> g     | 13% |
| Protein            | <b>2.3</b> g   | 5%  | <b>6.2</b> g     | 12% |
| Salt               | <b>0.5</b> g   | 8%  | <b>1.4</b> g     | 23% |

#### CONTAINS:



WHEAT SULPHITES

#### MAY CONTAIN:



EGGS CELERY

#### OTHER PROPERTIES:



VEGETARIAN VEGAN



LOW FAT

LOW SUGAR



LOW SATURATED FAT

SOURCE OF FIBRE

Nutri-Score



HFSS Rating

1