



## **Allergen Policy & Nut-Free Statement** ©

We take food allergies very seriously at Ashdale Catering.

Our Allergen Management Team includes our Food Safety & Compliance Manager, our Executive Chef and an independent CORU-registered Dietitian / Clinical Nutritionist.

Our detailed allergen declaration can easily be located on our website. If you are ordering for a child with a food allergy, we recommend you check the allergen document each week before you place your order, in case there were updates since your last order.

Even though Precautionary Allergen Labelling (PAL or '*may contain*') is not mandatory in Ireland, we have carried out an in-depth review of all the product specifications for our ingredients in order to declare such detailed allergen information as an additional risk management measure for children with food allergies. Please refer to our Allergen Document for details.

No nuts of any description are brought into our brand-new production facility in Cork.

Neither Tree Nuts nor Peanuts are used as an ingredient in any of our dishes.

However, some dishes carry a *may contain tree nuts* and/or *may contain peanut* warning.

This is a result of possible trace amounts being declared in the detailed ingredient specification documents we receive from our suppliers. It is due to possible cross-contamination at the manufacturing or processing facility, and not in our production kitchen. We have no way of quantifying the amount of any allergen that may be present in a dish that we have flagged with a '*may contain*' warning.

Please seek advice from your child's GP or allergy consultant as to whether foods with a '*may contain*' warning are safe for your child to consume or not.

**Ashdale Catering Allergen Management Team**

**20<sup>th</sup> August 2025**